



2015 (JANUARY-JUNE)

FMA TRAINING SCHEDULE

MONTH	LOCATION/TIME
JANUARY	<p>Mon. Jan. 5 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Jan. 10 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, RAINBOW ROOM, Lower Level 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Jan. 12 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Jan. 17 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Jan. 19 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Jan. 24 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Jan. 26 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Jan. 31 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p>
FEBRUARY	<p>Mon. Feb. 2 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p>

	<p>Sat. Feb. 7 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Feb. 9 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Feb. 21 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Feb. 23 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Feb. 28 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p>
<p>MARCH</p>	<p>Mon. Mar. 2 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Mar. 7 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Mar. 9 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Mar. 14 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Mar. 16 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Mar. 21 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Mar. 23 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Mar. 28 [9:00am-10:00am] 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p>

	<p>Mon. Mar. 30 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p>
<p style="text-align: center;">APRIL</p>	<p>Mon. Apr. 6 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Apr. 11 [8:30am-10:00am] 8:30am-8:55amOutdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting) 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Apr. 13 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Apr. 18 [8:30am-10:00am] 8:30am-8:55amOutdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting) 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Apr. 20 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Sat. Apr. 25 [8:30am-10:00am] 8:30am-8:55amOutdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting) 9:00am - 10:00am Indoors Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. Apr. 27 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p>
<p style="text-align: center;">MAY</p> <p><i>Thursday Broadview Hill Training begins!</i></p> <p><i>(Note: this is a *weather permitting* OUTDOORS training session. Please meet at the bottom of the hill, near the running track)</i></p>	<p>Sat. May 2 [8:30am-10:00am] 8:30am-8:55amOutdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting) 9:00am - 10:00am Indoors Trinity Community Centre, RAINBOW ROOM (lower level) 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. May 4 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p>

	<p>Thurs. May 7 [5:30pm-7:00pm] Note - this is a *weather permitting* OUTDOORS training session. **Please meet at the bottom of the hill, near the running track Broadview Hill (Riverdale Park East) 550 Broadview Ave, Toronto, ON</p> <p>Sat. May 9 [8:30am-10:00am] 8:30am-8:55am Outdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting) 9:00am - 10:00am Indoors at Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. May 11 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Thurs. May 14 [5:30pm-7:00pm] Note - this is a *weather permitting* OUTDOORS training session. **Please meet at the bottom of the hill, near the running track Broadview Hill (Riverdale Park East) 550 Broadview Ave, Toronto, ON</p> <p>Thurs. May 21 [5:30pm-7:00pm] Note - this is a *weather permitting* OUTDOORS training session. **Please meet at the bottom of the hill, near the running track Broadview Hill (Riverdale Park East) 550 Broadview Ave, Toronto, ON</p> <p>Sat. May 23 [8:30am-10:00am] 8:30am-8:55am Outdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting) 9:00am - 10:00am Indoors at Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p> <p>Mon. May 25 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p> <p>Thurs. May 28 [5:30pm-7:00pm] Note - this is a *weather permitting* OUTDOORS training session. **Please meet at the bottom of the hill, near the running track Broadview Hill (Riverdale Park East) 550 Broadview Ave, Toronto, ON</p> <p>Sat. May 30 [8:30am-10:00am] 8:30am-8:55am Outdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting) 9:00am - 10:00am Indoors at Trinity Community Centre, gym 427 Bloor Street West (two blocks west of Spadina)</p>
JUNE	<p>Mon. Jun. 1 [8:00pm-9:45pm] TNG Boxing Gym [on Carlaw Ave, South of Gerrard] *Meet outside the gym doors by 8:00pm, we will then enter the gym together* 388 Carlaw Ave, Unit #108</p>

Thursday Broadview Hill Training!

(Note: this is a *weather permitting* OUTDOORS training session. Please meet at the bottom of the hill, near the running track)

Thurs. Jun. 4 [5:30pm-7:00pm]

Note - this is a *weather permitting* OUTDOORS training session.
**Please meet at the bottom of the hill, near the running track
Broadview Hill (Riverdale Park East)
550 Broadview Ave, Toronto, ON

Sat. Jun. 6 [8:30am-10:00am]

8:30am-8:55am Outdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting)
9:00am - 10:00am Indoors at Trinity Community Centre, gym
427 **Bloor** Street West (two blocks west of Spadina)

Mon. Jun. 8 [8:00pm-9:45pm]

TNG Boxing Gym [on Carlaw Ave, South of Gerrard]

Meet outside the gym doors by 8:00pm, we will then enter the gym together
388 Carlaw Ave, Unit #108

Thurs. Jun. 11 [5:30pm-7:00pm]

Note - this is a *weather permitting* OUTDOORS training session.
**Please meet at the bottom of the hill, near the running track
Broadview Hill (Riverdale Park East)
550 Broadview Ave, Toronto, ON

Sat. Jun. 13 [8:30am-10:00am]

8:30am-8:55am Outdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting)
9:00am - 10:00am Indoors at Trinity Community Centre, gym
427 **Bloor** Street West (two blocks west of Spadina)

Mon. Jun. 15 [8:00pm-9:45pm]

TNG Boxing Gym [on Carlaw Ave, South of Gerrard]

Meet outside the gym doors by 8:00pm, we will then enter the gym together
388 Carlaw Ave, Unit #108

Thurs. Jun. 18 [5:30pm-7:00pm]

Note - this is a *weather permitting* OUTDOORS training session.
**Please meet at the bottom of the hill, near the running track
Broadview Hill (Riverdale Park East)
550 Broadview Ave, Toronto, ON

Sat. Jun. 20 [8:30am-10:00am]

8:30am-8:55am Outdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting)
9:00am - 10:00am Indoors at Trinity Community Centre, gym
427 **Bloor** Street West (two blocks west of Spadina)

Mon. Jun. 22 [8:00pm-9:45pm]

TNG Boxing Gym [on Carlaw Ave, South of Gerrard]

Meet outside the gym doors by 8:00pm, we will then enter the gym together
388 Carlaw Ave, Unit #108

Thurs. Jun. 25 [5:30pm-7:00pm]

Note - this is a *weather permitting* OUTDOORS training session.
**Please meet at the bottom of the hill, near the running track
Broadview Hill (Riverdale Park East)
550 Broadview Ave, Toronto, ON

Sat. Jun. 27 [8:30am-10:00am]

8:30am-8:55am Outdoor training at parkette, north of Spadina on Walmer Rd (**NOTE: Outdoor training is weather permitting)

9:00am - 10:00am Indoors at Trinity Community Centre, gym

427 **Bloor** Street West (two blocks west of Spadina)

Mon. Jun. 29 [8:00pm-9:45pm]

TNG Boxing Gym [on Carlaw Ave, South of Gerrard]

Meet outside the gym doors by 8:00pm, we will then enter the gym together

388 Carlaw Ave, Unit #108